

Bear River & Area Community Health Clinic
Clinic Hours: Monday to Friday from 8:30 am to 4:00 pm
Email: bear.riverclinic@ns.sympatico.ca
Website: bearriverandareaclinic.ca
Phone: 467-3611 **Fax:** 467-3339
August 2010

Acupuncture – Traditional Chinese Acupuncture by Joe Kubinec. Traditional Chinese Acupuncture by Joe Kubinec is available on Wednesdays unless otherwise posted. This treatment is good for back pain, arthritis, menopause, headaches, insomnia, stop smoking and many other conditions. Appointments are booked through the Clinic.

Audiology – Neil Hackett is in every other Friday to help with your hearing needs. Please call 1-866-299-2016 to book appointment.

BodyTalk System –Jocelyn incorporates balancing techniques using muscle testing. Your body determines healing priorities. **Book appointments through the Clinic.** For further information call Jocelyn at 467-0771 or visit www.bodytalksystem.com

Counselling/Clinical Hypnotherapy – Gayle Allen is able to help you with a great number of concerns such as anxiety, smoking and weight loss just to mention a few. Call the Clinic to book appointments and for more info. You can also call Gayle for more info at 526-2850.

Electrolysis – Ronda Best is in once a month for all your hair removal needs. Call 1-902-791-0953 for more information or to book your appointment.

Esthetics –Charlene Decker is in monthly for waxing, manicures and pedicures. To book an appointment or for more information, call 1-902-362-2137.

Head to Toes – Join us in welcoming Deb Kendall to our Clinic! Deb provides quality reiki and reflexology services, along with Indian Head Massage and Scalp Massage. Call the Clinic to book your appointment! These are excellent treatments to reduce stress and enhance your overall health.

Juniper House Outreach – Lori is available to see clients at our Clinic. Please call 245-4789 to book your appointment.

Physician Services – At this time, Dr. Harding is unable to take on any patients he has not already seen at our Clinic, due to high patient volume.

Senior Services – Nurse Practitioner, Dianne Corbett, RN specializes in concerns specific to the elderly, such as memory loss, complicated medical conditions and poor coordination/balance. At this time, there is a 4-6 month wait time for new patients.

Note: Times and dates are subject to change due to unforeseen circumstances. We apologize for any inconvenience this may cause.

Hypnosis can help with:

ADHD	Allergies	Arthritis
Addictions	Anxiety	Behavioural issues
Bed wetting	Body image	Cancer
Cardiovascular	Childbirth	Concentration
Compulsive disorders	Confidence	Exam anxiety
Headaches/migraines	Hypertension	IBS
Nail biting	Pain relief	Phobias
Healthcare procedures	Relaxation	Self-Hypnosis
Sexual problems	Skin disorders	Sleep disorders
Smoking cessation	Weight control	Sports performance

Head to Toe...

Thai Reflexology – Work is done on lower legs and feet. This is more in-depth than western reflexology.

Western Reflexology – sometimes referred to as therapeutic foot massage. Massage is only applied to the feet.

Scalp Massage – Good for headaches and to promote general relaxation.

Indian Head Massage – Upper back, shoulders, neck and head. Amazing results!

Our Board does not meet in July and August. See you in September!